

San Pedro Mental Health Brings Holiday Cheer to Clients

By Maria Salas, MPA



*Dr. Milagros Demandante, Belen Williams,
Kathleen Villagomez, Sharonda Capers, Maria Salas
and Leo (clinical mascot.)*

San Pedro Mental Health Wellness Center led by Program Head Kathrine Lundy, in collaboration with charitable organizations, provided a little extra holiday cheer to over 100 clients who were provided with free Toys and Turkey baskets for their families.

Clients were identified and selected by their respective case managers based on need, family size and active participation in their recovery. Clients who arrived to pick up their toys and/or turkey boxes expressed much gratitude and appreciation for the San Pedro Mental Health Wellness Center staff for their efforts in going the extra mile for their clients.

These donations by local churches and outside agencies helped alleviate some of the financial burden for families who would otherwise go without during the holidays.

In addition to the toy and turkey giveaways, clients were also treated to holiday meals and festivities where clients shared inspirational testimonials of hope, wellness and recovery with attendees.

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Turkey boxes consisted of a 15-20lb turkey and all the fixings such as stuffing, corn bread mix and canned goods such as cranberry sauce and vegetables.

If you wish to contribute or participate in our annual holiday programming this year please contact Belen Williams at BeWilliams@dmh.lacounty.gov or 310 519-6100.

HAPPY
New Year